## Volunteer Opportunities with Panhandle Health District – Public Health Outreach

Please Note: These programs recruit volunteers from the community for these positions.

The volunteer for these programs does not need to be an MRC member, so if you know someone who might want to participate, but doesn't want to join the Medical Reserve Corps, please let them know.

The Program Coordinators have asked me to make these needs known to the MRC, in case any of our members might be interested in fulfilling some of these positions to help support the health and resilience of the local community. If any of these positions speaks to your heart, please call the contact person or me for further information. Thank you for your consideration.

Judith Scarborough, MRC Volunteer Coordinator, 208-415-5185

Function	Duties	Qualifications	Contact
School Dental	Chaperone students to & from classroom; provide clerical support to	Experience	Linda
Sealant &	dental hygienists	working with	Harder
Fluoride		children.	208-415-
Varnish Clinics		Training to be	5143
Team Member		provided	
School	Set up and distribution of mouth rinse; weekly record keeping.	Experience	Linda
Fluoride		working with	Harder
Mouth Rinse		children.	208-415-
Program		Training to be	5143
Coordinator		provided	
North Idaho	Advocate, promote, and educate the public regarding tobacco	Non-smoker,	Linda
Tobacco Free	prevention, cessation, and control. Attend meetings noon to 1:00pm the	personable,	Harder
Coalition Team	last Tuesday of each month.	strong	208-415-
Member		speaking skills.	5143
and/or		Training to be	
Recruiter		provided.	
Idaho TAR	Need volunteers for 3 elementary schools in N Idaho this school year	Non-smoker,	Linda
Wars Program	(through May 2012). Schools are Fernan Elem & Sorenson Elem in CDA;	personable,	Harder
Presenter	Valley View Elem in Bonners Ferry. Presenter will go into a school and do a fun presentation (which is all laid out in the guide book and training) on	strong	208-415-
	tobacco prevention one time per school year. The TAR Wars web page	speaking skills.	5143
	for presenters is	Training to be	
	http://www.tarwars.org/online/tarwars/home/presentations/presenters.html	provided.	
Healthy Eating	Perform foot exams, dilated eye exams, and blood pressure	Appropriate	Kristen
& Diabetes	measurements for each class participant (usually between 15-20 men	medical license	Herron
Class Aide	and women). The class dates are October 10 at Lake City Center from 1-	and experience	208-415-
	4pm and October 27 in Osburn from 1:30-4:30pm. The Aide would only	to perform	5140
	need to be at the class for until all participants are checked, but could	exams and BP.	
	stay for the whole time if desired.		
North Idaho	Meet with local school administration/teachers/parents, city officials,	Personable,	Kristen
Action for	community members and local organizations to advocate for	strong public	Herron
Healthy Kids	involvement with NI Action for Healthy Kids team, which acts to improve	speaking skills.	208-415-
Team Member	nutrition and physical activity education and opportunities within local	Training to be	5140
&/or recruiter	schools and community organizations as well as advocate for policy	provided.	
	change. Attend quarterly meetings.		
Idaho	Meet with local medical providers in 5 northern counties to advocate for	Training to be	Kristen
Diabetes	involvement with North Idaho Diabetes Coalition. Attend quarterly	provided;	Herron
Coalition Team	meetings	medical	208-415-
Member &/or		background	5140
recruiter		preferred.	
Diabetes	Contact local medical providers and distribute appropriate Diabetes-	Training to be	Kristen
Resources	Related resources (including Clinical Practice Guidelines).	provided, with	Herron
Distributor		list of medical	208-415-
		providers	5140

Child Care	Teach 15-30 minutes nutrition and physical activity education classes to	Training to be	Kristen
Teacher for	preschoolers in local child care centers.	provided;	Herron
"Color Me		Experience	208-415-
Healthy"		with child	5140
curriculum.		development	
		preferred.	
Immunization	Set up immunization room, distribute and explain forms to clients, escort	Detail	Mareva
Clinical Asst.	clients into and out of immunization room. Clinics usually last 3 hours	oriented/	Kammeyer
	and are scheduled as needed throughout the year.	training to be	208-415-
		provided.	5264
Immunization	Administer appropriate vaccines to adults and children. Document all	Current Idaho	Mareva
Clinical Nurse	necessary information on immunization form and any necessary billing	RN or LPN.	Kammeyer
	form. Educate clients regarding immunizations to be given. Clinics	Training to be	208-415-
	usually last 3 hours and are scheduled as needed throughout the year.	provided.	5264
Adolescent	Youth-Adult Partnership group, Adolescent Pregnancy Prevention.	Training to be	Mareva
Pregnancy	Attend student-adult meetings, assist with teaching pregnancy and STD	provided.	Kammeyer
Prevention	prevention in the schools. Meetings are scheduled 8 times a year from		208-415- 5264
Class Aide	October through May and other time commitments as needed to plan and		5204
	prepare for school activities. Meetings at this time would be the first Tuesday of the month from 2:45-4:00 at the CDA High school.		
Directly	It is required that some patients be observed taking their medication.	Training to be	Judith
Observed	For example, a tuberculosis patient must complete a full course of	provided.	208-415-
Therapy	medicine, but some stop taking it once they feel better. It would be	provided.	5185
	extremely helpful if we had a list of volunteers to call upon who would		3103
	be willing to go to the patient's home and observe them taking their		
	medication, and documenting it. The observer does not need to be a		
	medical person, you do not need to enter the patient's home, and you		
	would only be asked to do this in your local area. It is not a regular need,		
	but on an as-needed basis.		